

September 2024

Marion Unit #2 K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 Cheddar Scrambled Eggs & Sausage	4 Biscuits & Sausage Gravy	5 Waffles with Maple Syrup & Sausage	6 Sausage, Egg & Cheese on English Muffin
9 Oatmeal OR Yogurt	10 Scrambled Egg & Cheese Taco with Sausage	11 Biscuits & Sausage Gravy	12 Homemade Muffins	13 Sausage & Cheese Biscuit Sandwich
16 Oatmeal OR Yogurt	17 Cheddar Cheese Omelet & Sausage	18 Biscuits & Sausage Gravy	19 Pancake Wrapped Sausage Link with Maple Syrup	20 Sausage, Egg & Cheese on English Muffin
23 Oatmeal OR Yogurt	24 Breakfast Pizza & Tater Tots	25 Biscuits & Sausage Gravy	26 Homemade Cinnamon Rolls	27 Sausage & Cheese Biscuit Sandwich
30 Oatmeal OR Yogurt				

	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
Adult	\$3.25	\$4.50

**Cereal, Toast & Jelly  
Offered Daily as Alternative  
All Meals Served with Fruit  
or Juice & Milk**

**Offer VS. Serve**  
Students do not have to take all food items, but at breakfast they must take 3 items **including the juice or fruit**. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and **one item must be a fruit or vegetable**.









**MENU SUBJECT TO CHANGE  
WITHOUT NOTICE DUE TO  
AVAILABILITY OF FOOD**

**Rhonda Woods, Food  
Service Manager  
618-993-2321  
rwoods@marionunit2.org**

**Marion Unit #2 is an equal  
opportunity provider and  
employer.**

September 2024

Marion Unit #2 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> 	<p>3</p> <p>Spaghetti OR Meatball Sub</p> <p>Garlic Bread, Lettuce Salad, Pudding, Fruit Juice</p>	<p>4</p> <p>Chicken Nuggets OR Fish Nuggets</p> <p>Mashed Potatoes, Green Beans, Fruit</p>	<p>5</p> <p>Chicken w/Queso Sauce OR Chicken Quesadilla</p> <p>Mexican Rice, Chips w/Salsa Spiced Black Beans, Fruit Juice</p>	<p>6</p> <p>Pizza OR Deli Sandwich</p> <p>Corn, Lettuce Salad, Jello w/Fruit</p>
<p>9</p> <p>Hamburger OR BBQ Rib Sandwich</p> <p>Tater Tots, Baked Beans, Fruit</p>	<p>10</p> <p>Cheesy Rotini w/Chicken OR Chicken Wrap</p> <p>Garlic Bread, Steamed Broccoli, Rice Cereal Treats, Fruit Juice</p>	<p>11</p> <p>Chicken Sandwich OR Spicy Chicken Sandwich</p> <p>Macaroni &amp; Cheese, Green Beans, Fruit</p>	<p>12</p> <p>Sweet &amp; Sour Chicken OR Teriyaki Meatballs</p> <p>Steamed Rice, Steamed Vegetables, Fortune Cookie, Fruit Juice</p>	<p>13</p> <p>Pizza OR Hot Ham &amp; Cheese Sandwich</p> <p>Corn, Carrots w/Ranch, Fruit</p>
<p>16</p> <p>Cheeseburger OR Sloppy Joe</p> <p>French Fries, Baked Beans, Fruit</p>	<p>17</p> <p>Lasagna OR Deli Wrap</p> <p>Garlic Bread, Lettuce Salad, Cookie, Fruit Juice</p>	<p>18</p> <p>Chicken Nuggets OR Fish Nuggets</p> <p>Mashed Potatoes, Green Beans, Fruit</p>	<p>19</p> <p>Pizza OR Deli Sandwich</p> <p>Corn, Lettuce Salad, Graham Crackers w/Icing, Fruit Juice</p>	<p>20</p> <p>Half Day</p> <p>No Lunch</p>
<p>23</p> <p>Hamburger OR BBQ Rib Sandwich</p> <p>Tater Tots, Baked Beans, Fruit</p>	<p>24</p> <p>Fettuccini Alfredo OR Chicken Wrap</p> <p>Garlic Bread, Steamed Broccoli, Fruit Juice</p>	<p>25</p> <p>Chicken Sandwich OR Spicy Chicken Sandwich</p> <p>Macaroni &amp; Cheese, Green Beans, Fruit</p>	<p>26</p> <p>Pulled Pork Sandwich OR Fish Sandwich</p> <p>Chips, Steamed Broccoli w/Cheese Sauce, Pudding, Fruit Juice</p>	<p>27</p> <p>Pizza OR Turkey &amp; Cheese Sandwich</p> <p>Corn, Cauliflower w/Ranch, Jello w/Fruit</p>
<p>30</p> <p>Cheeseburger OR Sloppy Joe</p> <p>French Fries, Baked Beans, Fruit</p>	 	 	 	

	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
Adult	\$3.25	\$4.50

**Offer VS. Serve**

Students do not have to take all food items, but at breakfast they must take 3 items **including the juice or fruit**. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and **one item must be a fruit or vegetable**.

**AfterCats Snacks**  
 Monday – Chips  
 Tuesday – Yogurt  
 Wednesday – Cereal  
 Thursday – Fruit Cup  
 Friday – Oreos

**MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD**

Rhonda Woods, Food Service Manager  
 618-993-2321  
 rwoods@marionunit2.org

**Marion Unit #2 is an equal opportunity provider and employer.**