

October 2024

Marion Unit #2 K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Breakfast Burrito & Tater Tots	<b>2</b> Biscuits & Sausage Gravy	<b>3</b> French Toast Sticks with Maple Syrup & Sausage	<b>4</b> Sausage, Egg & Cheese on English Muffin
<b>7</b> Yogurt Parfait with Granola & Fruit	<b>8</b> Cheddar Scrambled Eggs, Sausage & Tater Tots	<b>9</b> Biscuits & Sausage Gravy	<b>10</b> Homemade Muffins	<b>11</b> Sausage & Cheese Biscuit
<b>14</b> No School 	<b>15</b> Scrambled Egg & Cheese Taco, Sausage & Tater Tots	<b>16</b> Biscuits & Sausage Gravy	<b>17</b> Pancake Wrapped Sausage Link with Maple Syrup	<b>18</b> Sausage, Egg & Cheese on English Muffin
<b>21</b> Oatmeal OR Yogurt	<b>22</b> Cheddar Cheese Omelet, Sausage & Tater Tots	<b>23</b> Biscuits & Sausage Gravy	<b>24</b> Homemade Cinnamon Rolls	<b>25</b> No School
<b>28</b> Yogurt Parfait with Granola & Fruit	<b>29</b> Breakfast Pizza	<b>30</b> Biscuits & Sausage Gravy	<b>31</b> Monster Donuts	

	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
Adult	\$3.25	\$4.50

**Cereal, Toast & Jelly Offered Daily as Alternative All Meals Served with Fruit or Juice & Milk**

**Offer VS. Serve**  
 Students do not have to take all food items, but at breakfast they must take 3 items **including the juice or fruit**. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and **one item must be a fruit or vegetable**.

**MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD**

**Rhonda Woods, Food Service Manager**  
 618-993-2321  
[rwoods@marionunit2.org](mailto:rwoods@marionunit2.org)

**Marion Unit #2 is an equal opportunity provider and employer.**

October 2024

Marion Unit #2 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Spaghetti OR Meatball Sub</p> <p>Garlic Bread, Lettuce Salad, Pudding, Fruit Juice</p>	<p>2 Chicken Nuggets OR Fish Nuggets</p> <p>Mashed Potatoes, Green Beans, Fruit</p>	<p>3 Chicken w/Queso Sauce OR Chicken Quesadilla</p> <p>Mexican Rice, Tortilla Chips w/Salsa, Spiced Black Beans, Churro, Fruit Juice</p>	<p>4 Pizza OR Deli Sandwich</p> <p>Corn, Lettuce Salad, Fruit</p>
<p>7 Hamburger OR BBQ Rib Sandwich</p> <p>French Fries, Baked Beans, Fruit</p>	<p>8 Chili OR Cheesy Potato Soup</p> <p>Hot Dog, Chips, Pudding, Fruit Juice</p>	<p>9 Chicken Sandwich OR Spicy Chicken Sandwich</p> <p>Macaroni &amp; Cheese, Carrots w/Ranch, Fruit Crisp</p>	<p>10 Pizza OR Deli Sandwich</p> <p>Corn, Lettuce Salad, Fruit Juice</p>	<p>11</p> <p>Half Day School No Lunch</p>
<p>14 No School</p> 	<p>15 Fettuccini Alfredo OR Chicken Wrap</p> <p>Garlic Bread, Steamed Broccoli, Fruit Juice</p>	<p>16 Chicken Nuggets OR Fish Nuggets</p> <p>Mashed Potatoes, Green Beans, Fruit</p>	<p>17 Sweet &amp; Sour Chicken OR Teriyaki Meatballs</p> <p>Steamed Rice, Steamed Vegetables, Fortune Cookie, Fruit Juice</p>	<p>18 Pizza OR Deli Sandwich</p> <p>Corn, Lettuce Salad, Fruit, Blue &amp; Gold Cookies</p>
<p>21 Cheeseburger OR Sloppy Joe</p> <p>French Fries, Baked Beans, Fruit</p>	<p>22 Chicken Noodle Soup OR Vegetable Beef Soup</p> <p>Toasted Cheese Sandwich, Cauliflower w/Ranch, Fruit Juice</p>	<p>23 Chicken Sandwich OR Spicy Chicken Sandwich</p> <p>Macaroni &amp; Cheese, Carrots w/Ranch, Fruit Crisp</p>	<p>24 Pizza OR Deli Sandwich</p> <p>Corn, Lettuce Salad, Jello w/Fruit</p>	<p>25</p> <p>No School</p>
<p>28 Hamburger OR BBQ Rib Sandwich</p> <p>French Fries, Baked Beans, Fruit</p>	<p>29 Lasagna OR Deli Wrap</p> <p>Garlic Bread, Lettuce Salad, Fruit Juice</p>	<p>30 Chicken Nuggets OR Fish Nuggets</p> <p>Mashed Potatoes, Green Beans, Fruit</p>	<p>31 Pulled Pork Sandwich OR Turkey Sub</p> <p>Steamed Broccoli w/Cheese Sauce, Chips, Dirt Cups w/Worms</p>	

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**AfterCats Snacks**  
 Monday – Chips  
 Tuesday – Yogurt  
 Wednesday – Cereal  
 Thursday – Fruit Cup  
 Friday – Oreos

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