





January 2025

Marion Unit #2 K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 	2	3 
6 No School 	7 Scrambled Egg & Cheese Taco, Sausage & Tater Tots	8 Biscuits & Sausage Gravy	9 Waffles w/Maple Syrup & Sausage	10 Sausage, Egg & Cheese on English Muffin
13 Oatmeal OR Yogurt	14 Cheddar Cheese Omelet, Sausage & Tater Tots	15 Biscuits & Sausage Gravy	16 Homemade Cinnamon Rolls	17 Sausage, Egg & Cheese Biscuit
20 No School 	21 Cheddar Scrambled Eggs, Sausage & Smiley Fries	22 Biscuits & Sausage Gravy	23 French Toast Sticks w/Maple Syrup & Sausage	24 Sausage, Egg & Cheese on English Muffin
27 Yogurt Parfait w/Granola & Fruit	28 Breakfast Bowl w/Eggs, Sausage, Cheese & Potatoes	29 Biscuits & Sausage Gravy	30 Homemade Muffins	31 Sausage, Egg & Cheese Biscuit

	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
Adult	\$3.25	\$4.50

**Cereal, Toast & Jelly Offered Daily as Alternative All Meals Served with Fruit or Juice & Milk**

**Offer VS. Serve**  
Students do not have to take all food items, but at breakfast they must take 3 items **including the juice or fruit**. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and **one item must be a fruit or vegetable**.





**MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD**

**Rhonda Woods, Food Service Manager**  
618-993-2321  
rwoods@marionunit2.org

**Marion Unit #2 is an equal opportunity provider and employer.**

January 2025

Marion Unit #2 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 	2	3 
6 No School  Teacher Inservice Day	7 Cheeseburger OR Sloppy Joe  French Fries, Baked Beans, Pudding, Fruit Juice	8 Chicken Sandwich OR Spicy Chicken Sandwich  Macaroni & Cheese, Carrots w/Ranch, Fruit	9 Salisbury Steak OR Fish Sandwich  Mashed Potatoes, Green Beans, Cookie, Fruit Juice	10 Pizza OR Deli Sandwich  Corn, Lettuce Salad, Fruit
13 Hamburger OR BBQ Rib Sandwich  French Fries, Baked Beans, Fruit	14 Spaghetti OR Meatball Sub  Garlic Bread, Lettuce Salad, Cake, Fruit Juice	15 Chicken Nuggets OR Fish Nuggets  Mashed Potatoes, Green Beans, Fruit	16 Pizza OR Deli Sandwich  Corn, Lettuce Salad, Pudding, Fruit Juice	17  Half Day School No Lunch
20 No School  Martin Luther King Jr. Day I HAVE A DREAM	21 Chili OR Cheesy Potato Soup  Hot Dog, Cauliflower w/Ranch, Pudding, Fruit Juice	22 Chicken Sandwich OR Spicy Chicken Sandwich  Macaroni & Cheese, Carrots w/Ranch, Fruit	23 Chicken w/Queso OR Chicken Quesadilla  Mexican Rice, Chips & Salsa, Spiced Black Beans, Churro, Fruit Juice	24 Pizza OR Deli Sandwich  Corn, Lettuce Salad, Fruit
27 Cheeseburger OR Sloppy Joe  French Fries, Baked Beans, Fruit	28 Fettuccini Alfredo OR Chicken Wrap  Garlic Bread, Steamed Broccoli, Cookie, Fruit Juice	29 Chicken Nuggets OR Fish Nuggets  Mashed Potatoes, Green Beans, Fruit	30 Pulled Pork Sandwich OR Fish Sandwich  Chips, Steamed Broccoli w/Cheese, Pudding, Fruit Juice	31 Pizza OR Deli Sandwich  Corn, Lettuce Salad, Fruit

	Breakfast	Lunch
Student	\$2.25	\$3.50
Reduced	\$0.30	\$0.40
Adult	\$3.25	\$4.50

**Offer VS. Serve**  
Students do not have to take all food items, but at breakfast they must take 3 items **including the juice or fruit**. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and **one item must be a fruit or vegetable**.

**AfterCats Snacks**  
Monday – Chips  
Tuesday – Yogurt  
Wednesday – Cereal  
Thursday – Fruit Cup  
Friday – Oreos

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