




January 2024

Marion Unit #2 K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Happy New Year! 	2 Teacher Institute No School	3 Biscuits & Sausage Gravy	4 Pancake Wrapped Sausage Link with Maple Syrup	5 Sausage & Cheese Biscuit Sandwich
8 Oatmeal OR Yogurt	9 Breakfast Burrito with Salsa	10 Biscuits & Sausage Gravy	11 Homemade Muffins	12 Sausage, Egg & Cheese on English Muffin
15 No School Martin Luther King Jr. Day	16 Cheddar Scrambled Eggs with Sausage	17 Biscuits & Sausage Gravy	18 French Toast Sticks with Maple Syrup & Sausage	19 Sausage & Cheese Biscuit Sandwich
22 Oatmeal OR Yogurt	23 Breakfast Pizza	24 Biscuits & Sausage Gravy	25 Homemade Cinnamon Rolls	26 Sausage, Egg & Cheese on English Muffin
29 Oatmeal OR Yogurt	30 Scrambled Egg & Cheese Taco with Sausage	31 Biscuits & Sausage Gravy		

	Breakfast	Lunch
Student	\$2.00	\$3.25
Reduced	\$0.30	\$0.40
Adult	\$3.00	\$4.25

Cereal, Toast & Jelly Offered Daily as Alternative All Meals Served with Fruit or Juice & Milk

Offer VS. Serve
 Students do not have to take all food items, but at breakfast they must take 3 items **including the juice or fruit**. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and **one item must be a fruit or vegetable**.




MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY OF FOOD

Rhonda Woods, Food Service Manager
 618-993-2321
 rwoods@marionunit2.org

Marion Unit #2 is an equal opportunity provider and employer.

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Marion Unit #2 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Happy New Year!</p> 	<p>2</p> <p>Teacher Institute</p> <p>No School</p>	<p>3</p> <p>Chicken Nuggets OR Fish Sandwich</p> <p>Mashed Potatoes, Green Beans, Fruit</p>	<p>4</p> <p>Nachos OR Corndog</p> <p>Steamed Broccoli w/Cheese Sauce, Cake, Fruit Juice</p>	<p>5</p> <p>Pizza OR Deli Sandwich</p> <p>Corn, Lettuce Salad, Fruit</p>
<p>8</p> <p>Cheeseburger OR BBQ Rib Sandwich</p> <p>French Fries, Baked Beans, Fruit</p>	<p>9</p> <p>Chili OR Cheesy Potato Soup</p> <p>Hot Dog, Carrots w/ Ranch, Cookie, Fruit Juice</p>	<p>10</p> <p>Chicken Sandwich OR Spicy Chicken Sandwich</p> <p>Macaroni & Cheese, Green Beans, Jello w/Fruit</p>	<p>11</p> <p>Sweet & Sour Chicken OR Teriyaki Meatballs</p> <p>Steamed Rice, Steamed Vegetables, Fortune Cookie, Fruit Juice</p>	<p>12</p> <p>Half Day of School</p> <p>NO LUNCH</p>
<p>15</p> <p>No School</p> <p>Martin Luther King Jr. Day</p>	<p>16</p> <p>Fettuccini Alfredo OR Chicken Wrap</p> <p>Garlic Bread, Lettuce Salad, Pudding, Fruit Juice</p>	<p>17</p> <p>Chicken Nuggets OR Fish Sandwich</p> <p>Mashed Potatoes, Green Beans, Fruit</p>	<p>18</p> <p>Pulled Pork Sandwich OR Hot Ham & Cheese Sandwich</p> <p>Steamed Cauliflower w/Cheese Sauce, Cookie, Fruit Juice</p>	<p>19</p> <p>Pizza OR Deli Sandwich</p> <p>Corn, Carrots w/Ranch, Fruit</p>
<p>22</p> <p>Cheeseburger OR Meatball Sub</p> <p>French Fries, Baked Beans, Fruit</p>	<p>23</p> <p>Chicken Noodle Soup OR Vegetable Beef Soup</p> <p>Toasted Cheese Sandwich, Cauliflower w/Ranch, Cookie, Fruit Juice</p>	<p>24</p> <p>Chicken Sandwich OR Spicy Chicken Sandwich</p> <p>Macaroni & Cheese, Green Beans, Jello w/Fruit</p>	<p>25</p> <p>Beef Quesadilla OR Chicken Quesadilla</p> <p>Mexican Rice, Carrots w/Ranch, Pudding, Fruit Juice</p>	<p>26</p> <p>Pizza OR Deli Sandwich</p> <p>Corn, Lettuce Salad, Fruit</p>
<p>29</p> <p>Cheeseburger OR BBQ Rib Sandwich</p> <p>French Fries, Baked Beans, Fruit</p>	<p>30</p> <p>Spaghetti OR Deli Wrap</p> <p>Garlic Bread, Lettuce Salad, Pudding, Fruit Juice</p>	<p>31</p> <p>Chicken Nuggets OR Fish Sandwich</p> <p>Mashed Potatoes, Green Beans, Fruit</p>		

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AfterCats Snacks
 Monday – Chips
 Tuesday – Cookie
 Wednesday – Cereal
 Thursday – Fruit Cup
 Friday – Oreos

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