

# LOGAN

## FITNESS



## High School Student Membership

Current high school students age 15+ are eligible for a discounted semester membership. Membership includes access to both the fitness center & aquatic center. See pricing below:

### SPRING MEMBERSHIP

(January 1 - May 15)

**\$60** (normal community rate = \$115)

### SUMMER MEMBERSHIP

(May 15 - August 15)

**\$40** (normal community rate = \$75)

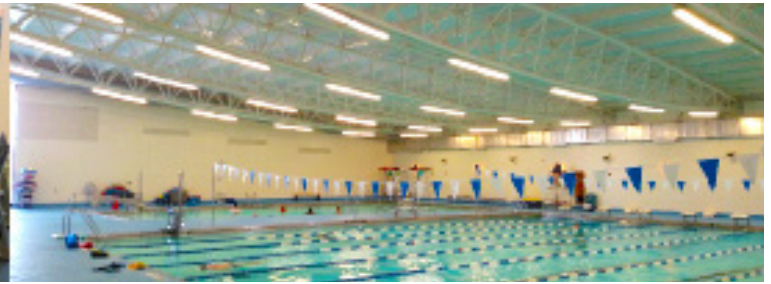
### FALL MEMBERSHIP

(August 15 - December 31)

**\$60** (normal community rate = \$115)

### Equipment Available:

Treadmills, ellipticals, bicycles, rowing machines, weight machines, free weights, lap pool, therapy pool, and sauna.



## LOGAN FITNESS HOURS\*

### FITNESS CENTER

Monday – Friday .....5:30 a.m. - 8:30 p.m.  
 Saturday.....5:30 a.m. - 3 p.m.  
 Sunday ..... 12 p.m. - 6 p.m.

\*Hours subject to change

during holidays and intersession periods.

### AQUATIC CENTER

Monday – Friday .....5:30 a.m. - 9 a.m.  
 11 a.m. - 1 p.m.  
 6:30 p.m. - 8:30 p.m.  
 Tuesday & Thursday ..... 3 p.m. - 5 p.m.  
 Saturday.....5:30 a.m. - 10 a.m.

## Interested in Becoming a Lifeguard?

Logan Fitness certifies and hires lifeguards. You do not have to be a JALC student to lifeguard at Logan Fitness, you simply must be 18 years or older. See schedule of upcoming lifeguarding classes:

### AQ26-01 (FALL)

12/06 5:30-8:30pm; 12/09 8am-6pm; 12/16 8am-6pm; 12/18 5:30-8:30pm \$250

### AQ26-01 (SPRING)

04/25 5:30-8:30pm; 04/28 8am-6pm; 05/05 8am-6pm; 05/07 5:30-8:30pm

Recertification is also available



**Contact Us:** (618) 985-2828, Ext. 8328, [www.jalc.edu/loganfitness](http://www.jalc.edu/loganfitness), [loganfitness@jalc.edu](mailto:loganfitness@jalc.edu)